

**Sedbergh Hills Results - Sunday 21 August 2011**

Pos	Name	Club	Cat.	Time
1	Morgan Donnelly	Borrowdale Fell Runners	M	02:02:44
2	Lloyd Taggart	Dark Peak Fell Runners	MV40	02:04:29
3	Darren Kay	Pudsey & Bramley AC	MV40	02:08:45
4	Ben Abdelnoor	Ambleside AC	M	02:08:51
5	Andrew Davies	Mercia Fell Runners	M	02:08:59
6	Carl Bell	Howgill Harriers	M	02:09:00
7	Mike Fanning	Borrowdale Fell Runners	MV40	02:10:35
8	Tim Davies	Mercia Fell Runners	M	02:10:47
9	Graham Pearce	Pudsey & Bramley AC	M	02:10:58
10	Karl Gray	Calder Valley Fell Runners	MV40	02:11:50
11	Jim Davies	Borrowdale Fell Runners	MV45	02:13:10
12	Danny Hope	Pudsey & Bramley AC	M	02:13:47
13	Dave Milliken	Horwich RMI	MV45	02:14:06
14	Ben Bardsley	Borrowdale Fell Runners	MV40	02:14:39
15	Mark Roberts	Borrowdale Fell Runners	MV45	02:14:54
16	Jon Morgan	Dark Peak Fell Runners	MV40	02:15:29
17	Richard Roberts	Eryri Harriers	M	02:15:53
18	Dave Taylor	Dark Peak Fell Runners	MV45	02:16:08
19	Stuart Bond	Dark Peak Fell Runners	M	02:16:34
20	Mark Palmer	Mynydd Du	MV45	02:16:55
21	Pete Vale	Mercia Fell Runners	M	02:17:11
22	Andrew Schofield	Borrowdale Fell Runners	MV40	02:17:15
23	Martin Mikkelsen-Barron	Borrowdale Fell Runners	M	02:17:49
24	Tom Addison	Helm Hill Runners	M	02:18:13
25	John Heneghan	Pudsey & Bramley AC	M	02:18:27
26	John Hunt	Dark Peak Fell Runners	MV45	02:18:37
27	Chris Birchall	Leeds City AC	M	02:19:24
28	Tom Brunt	Holmfirth Harriers	M	02:19:57
29	Paul Thompson	Clayton Le Moors Harriers	M	02:20:00
30	Tom Gibbs	Ambleside AC	M	02:20:05
31	Dominic Raby	Chorley Harriers	M	02:20:06
32	Matthew Lockyer	Pudsey & Bramley AC	M	02:21:05
33	Steve Cale	Mercia Fell Runners	M	02:21:13
34	Gary Jones	Northumberland Fell Runners	M	02:21:17
35	Chris Steele	Borrowdale Fell Runners	M	02:21:25
36	Steve Birkinshaw	Borrowdale Fell Runners	MV40	02:21:26
37	Dave Wilby	Ilkley Harriers	M	02:21:51
38	Simon Harding	Macclesfield Harriers	M	02:22:07
39	Gavin Mulholland	Calder Valley Fell Runners	MV40	02:22:39
40	Phillip Sanderson	Northumberland Fell Runners	MV40	02:22:41
41	Rick Stuart	Helm Hill Runners	MV45	02:23:08
42	Adam Perry	Pennine Fell Runners	M	02:23:13
43	Simon Patton	Dark Peak Fell Runners	MV40	02:23:18
44	Andrew Jebb	Bingley Harriers	M	02:23:31
45	Paul Cornforth	Borrowdale Fell Runners	MV45	02:23:38
46	Mark Ollerenshaw	Glossopdale Harriers	M	02:23:54
47	Mike Robinson	Dark Peak Fell Runners	MV40	02:24:05
48	Rob Hope	Pudsey & Bramley AC	M	02:24:16
49	Tim Werrett	Mercia Fell Runners	M	02:24:34

50	Richard Houghton	Macclesfield Harriers	MV45	02:24:50
51	Matthew Fortes	Eryri Harriers	M	02:25:15
52	Todd Oates	Ambleside AC	M	02:25:36
53	Paul Jones	Mercia Fell Runners	MV40	02:26:22
54	Mick Stenton	Dark Peak Fell Runners	MV50	02:26:27
55	Mark McGoldrick	Wharfedale Harriers	M	02:26:48
56	Ian Nixon	Pudsey & Bramley AC	M	02:27:15
57	Dave Ward	Pennine Fell Runners	M	02:28:00
58	Dave Neill	Staffordshire Moorlands AC	MV55	02:28:44
59	Nicholas Charlesworth	Wharfedale Harriers	MV45	02:29:08
60	Brian Stevenson	Pudsey & Bramley AC	MV45	02:29:14
61	James Titmuss	Pudsey & Bramley AC	M	02:29:15
62	Steve Oldfield	Calder Valley Fell Runners	MV55	02:29:36
63	Anthony Smith	Ambleside AC	MV40	02:30:10
64	Andy Davies	Mercia Fell Runners	MV40	02:30:32
65	Alastair Rhodes-Dawson	Todmorden Harriers	MV40	02:30:40
66	Niall Bourke	Pudsey & Bramley AC	M	02:30:46
67	Muir Morton	Pennine Fell Runners	M	02:31:02
68	Alan Bowness	Ambleside AC	MV45	02:31:24
69	Nicholas Barber	Pennine Fell Runners	M	02:31:49
70	Gary Thorpe	Ambleside AC	MV45	02:32:22
71	Charlie McIntosh	Pudsey & Bramley AC	MV40	02:32:32
72	Tony Heron	Dark Peak Fell Runners	MV40	02:32:40
73	Jackie Lee	Eryri Harriers	F	02:32:43
74	Ed Gamble	Cheshire Hill Racers	MV45	02:32:46
75	Hodge Grayson	Ambleside AC	M	02:32:50
76	Roland Stafford	Mercia Fell Runners	M	02:33:19
77	Andy Hauser	Holmfirth Harriers	MV55	02:33:26
78	Dave Nuttall	Clayton Le Moors Harriers	MV45	02:33:34
79	Jonathan Moore	Eryri Harriers	MV40	02:33:52
80	Anna Bartlett	Shrewsbury AC	FV40	02:33:56
81	Richard Hunt	Dark Peak Fell Runners	M	02:34:15
82	James Byrne	Ambleside AC	M	02:34:25
83	Adam Breaks	Calder Valley Fell Runners	M	02:34:38
84	Richard Talbot	Ambleside AC	M	02:34:53
85	Andy Staveley	Burnden Road Runners	MV50	02:35:30
86	Tim Midgley	Bingley Harriers	M	02:35:55
87	John Rainford	Preston Harriers	MV50	02:36:08
88	Jack Dugdale	Clayton Le Moors Harriers	M	02:36:24
89	Richard Stott	Rossendale Harriers	MV50	02:37:35
90	Pete Booth	Clayton Le Moors Harriers	MV60	02:37:56
91	Craig Jeffery	Staffordshire Moorlands AC	M	02:38:05
92	Bill Johnson	Calder Valley Fell Runners	MV45	02:38:11
93	Andrew Yapp	Mercia Fell Runners	MV45	02:38:19
94	Steve Knowles	Pennine Fell Runners	MV40	02:38:26
95	Tom McGaff	Cheshire Hill Racers	MV55	02:39:00
96	Louise Roberts	Kendal AC	F	02:39:04
97	Dwane Dixon	Todmorden Harriers	M	02:39:09
98	Ian Warhurst	Pennine Fell Runners	MV50	02:39:17
99	Mel Price	Mercia Fell Runners	F	02:39:20
100	James McQueen	Eryri Harriers	MV40	02:39:25

101	Karl Steinegger	Ambleside AC	M	02:40:21
102	Tim Oakes		MV40	02:40:32
103	Robert Little	Dark Peak Fell Runners	M	02:40:37
104	Jude Jepson	Dark Peak Fell Runners	FV45	02:40:44
105	Ali Welsh	Bowland Fell Runners	MV45	02:43:50
106	Dave Sykes	Dark Peak Fell Runners	M	02:44:30
107	Steve Storey	Dark Peak Fell Runners	MV55	02:44:38
108	Dave Prosser	Keswick AC	MV45	02:44:48
109	Simon Johnson	South Shields Harriers	M	02:45:03
110	Chris Jackson	Glossopdale Harriers	M	02:45:11
111	Helen Berry	Holmfirth Harriers	F	02:45:27
112	Hazel Robinson	Ambleside AC	F	02:45:33
113	Keith Holmes	Dark Peak Fell Runners	MV55	02:45:42
114	Mark Walsh	Darwen Dashers	MV40	02:45:46
115	Syd Coxon	Tynedale Harriers	MV50	02:45:50
116	Andy Thompson	Eden Runners	M	02:45:53
117	Oliver Blomfield	Lochaber AC	MV40	02:46:12
118	Leigh Warburton	Bowland Fell Runners	MV50	02:46:56
119	Vincent Booth	Cheshire Hill Racers	MV45	02:47:37
120	Ben Grant	Harrogate Harriers	MV60	02:47:39
121	Lucas Payne	Wharfedale Harriers	MV40	02:47:45
122	Nick Barber	Todmorden Harriers	M	02:47:58
123	Iain Farrar		M	02:48:03
124	Steve Lang	Cheshire Hill Racers	MV40	02:48:04
125	Edward Davies	Mercia Fell Runners	MV55	02:48:05
126	Ashley Kay	Dark Peak Fell Runners	MV50	02:48:06
127	Chris Rhodes	Ambleside AC	MV45	02:48:23
128	Steven Baldwin	Scarborough AC	MV40	02:48:47
129	Sarah May	Todmorden Harriers	F	02:50:03
130	Dave Collins	Todmorden Harriers	MV55	02:50:31
131	Alan Life	Clayton Le Moors Harriers	MV45	02:50:50
132	Ian Williams		MV40	02:50:54
133	Mark Smith	Pennine Fell Runners	MV50	02:50:57
134	Martyn Pollitt	Burnden Road Runners	MV50	02:51:09
135	Martin Stocks	Dark Peak Fell Runners	MV50	02:51:11
136	Gary Johnson	Eden Runners	M	02:51:14
137	Mike Walsh	Kendal AC	MV60	02:51:15
138	Aly Raw	Bingley Harriers	FV45	02:51:16
139	Martin Terry	Clayton Le Moors Harriers	MV50	02:51:21
140	Nick Kirk	Dark Peak Fell Runners	MV45	02:51:41
141	David Wilson	Bowland Fell Runners	MV45	02:52:05
142	David Buchanan	Pudsey & Bramley AC	MV45	02:52:14
143	Robert Pritchard	Skyrac AC	MV55	02:52:25
144	Craig Burrow	Helm Hill Runners	M	02:52:28
145	Phil Metcalf		M	02:52:45
146	Anne Johnson	Calder Valley Fell Runners	FV45	02:52:56
147	Greg Rimmer	Dark Peak Fell Runners	MV45	02:53:03
148	Sharon McDonald	Settle Harriers	FV40	02:53:20
149	Andy Gibbons		M	02:54:03
150	Andrew Minister		M	02:54:10
151	Keith Wood	Saltwell Harriers	MV45	02:54:40

152	Hugh O'Donnell	Ambleside AC	M	02:55:05
153	Nick Wallis	Dark Peak Fell Runners	MV40	02:55:17
154	Helene Whitaker	Ilkley Harriers	FV45	02:56:34
155	Robert Taylor	Pennine Fell Runners	MV60	02:57:13
156	Tom Gromersall	Bingley Harriers	M	02:58:15
157	Richard Crossland	Calder Valley Fell Runners	MV55	02:59:28
158	Gill Myers	Wharfedale Harriers	FV50	02:59:48
159	Tony Crossley	East Grinstead & District AC	MV55	03:01:17
160	Mark Nutter	Clayton Le Moors Harriers	MV45	03:01:36
161	Richard Bellaries	Clayton Le Moors Harriers	MV55	03:01:45
162	Astrid Gibbs	Ambleside AC	F	03:01:46
163	John Hewitt	Glossopdale Harriers	MV45	03:02:14
164	Tamara Hird	Wharfedale Harriers	F	03:02:19
165	Doug Fleming	Horwich RMI	MV50	03:02:30
166	David Banks	Kendal AC	MV45	03:02:32
167	Gary Thoms	North York Moors AC	MV50	03:02:40
168	Wendy Dodds	Clayton Le Moors Harriers	FV60	03:03:26
169	Lynne Clough	Chorley Harriers	FV40	03:03:32
170	Darren Fishwick	Chorley Harriers	MV40	03:03:32
171	Graham McAra	Cheshire Hill Racers	MV55	03:03:46
172	Shaun Lennon	Idle AC	MV45	03:04:57
173	Julie Carter	Keswick AC	FV45	03:05:00
174	Rod Sutcliffe	Calder Valley Fell Runners	MV60	03:05:23
175	Kate Ayers	Ambleside AC	FV50	03:05:27
176	Paul Hindle	Keighley & Craven AC	MV45	03:05:44
177	Rachel Hill	Wharfedale Harriers	FV40	03:05:50
178	Stuart Hutchison	Saddleworth RC	M	03:05:56
179	Neil Ashcroft	Ambleside AC	MV40	03:05:58
180	Andrew Bibby	Todmorden Harriers	MV55	03:06:05
181	Dave Soles	Pennine Fell Runners	MV45	03:06:08
182	Alison Weston	Ilkley Harriers	FV45	03:06:10
183	Ian Hepburn	Horwich RMI	M	03:06:23
184	Rebecca-Jane Law	Eryri Harriers	F	03:06:34
185	Brian Horsley	Calder Valley Fell Runners	MV60	03:06:46
186	Jackie Casey	Black Combe Runners	FV50	03:06:48
187	Ned Lammas	Mercia Fell Runners	MV45	03:06:53
188	Gaynor Keane	Saddleworth RC	F	03:06:54
189	Steve Wathall	Retford Ac	MV50	03:07:04
190	Gemma Kendall	Todmorden Harriers	F	03:07:11
191	Hanno Torn	Pennine Fell Runners	MV40	03:07:12
192	Ali Richards	Helm Hill Runners	F	03:07:26
193	Kim Braznell	Mercia Fell Runners	FV55	03:07:31
194	Robin Mitton	Pennine Fell Runners	M	03:07:41
195	Phil Abbott	Long Eaton Running Club	M	03:07:48
196	Mick Cochrane	Dark Peak Fell Runners	MV65	03:08:10
197	Sarah Bailey	Keswick AC	F	03:08:17
198	Tim Roe	Horwich RMI	M	03:08:21
199	Lindsey Berends	Preston Harriers	F	03:08:29
200	Thomas Hollins	Wharfedale Harriers	M	03:08:40
201	Andy Watts	Cheshire Hill Racers	MV60	03:09:00
202	Martin Farrar	Skyrac AC	MV45	03:09:16

203 Daniel Grose	Kendal AC	MV40	03:09:30
204 Ian Page	Wharfedale Harriers	MV45	03:10:01
205 Donna Claridge	Dark Peak Fell Runners	FV45	03:10:16
206 Sally Ward		FV45	03:10:18
207 Stuart Backhouse	Esk Valley Fell Club	MV50	03:10:19
208 Mark Woodhead	Valley Striders	MV45	03:10:20
209 Claire Russell	Cumberland Fell Runners	F	03:10:44
210 Anna Forrest	Ambleside AC	FV40	03:10:53
211 Ronald Rees	Pennine Fell Runners	MV55	03:11:20
212 Simon Bolton	Cheshire Hill Racers	MV45	03:11:36
213 Mike Troup	Ambleside AC	MV55	03:11:46
214 Stephen Baker	Helm Hill Runners	MV40	03:11:57
215 Barry Hodgson	Ellenborough AC	MV55	03:12:02
216 Dick Ballantine	Keighley & Craven AC	MV45	03:12:13
217 Jackie Winn	Ellenborough AC	MV60	03:13:05
218 Paul Jackson	Chorley Harriers	MV45	03:13:23
219 Pat Goodall	Totley AC	FV55	03:13:51
220 Eddie Lesniak	Achille Ratti	MV55	03:13:58
221 Judy Howells	Wharfedale Harriers	FV40	03:14:19
222 Dennis Lucas	Rochdale Harriers AC	MV65	03:14:27
223 Claire Green	Pudsey & Bramley AC	F	03:14:49
224 Jean Brown	Clayton Le Moors Harriers	FV40	03:15:15
225 George Scott	Pennine Fell Runners	MV60	03:15:37
226 Isaline Hughes	Burnden Road Runners	FV45	03:16:03
227 Kate Apps	Cumberland Fell Runners	F	03:16:14
228 Matt Foxwell	Kendal AC	M	03:16:17
229 John Taylor	Newport & Dist	MV40	03:16:19
230 Andy South	Wharfedale Harriers	MV45	03:16:20
231 Mick Wilson	Helm Hill Runners	MV55	03:16:31
232 Michael McLoughlin	Preston Harriers	MV55	03:16:38
233 Dorothy Pelly	Ambleside AC	FV50	03:17:27
234 Allan McKeown		M	03:17:47
235 Sheila Barbour	Mercia Fell Runners	FV40	03:18:12
236 Peter Pog	Unattached	M	03:18:14
237 Alison Dugdale	Clayton Le Moors Harriers	FV40	03:18:20
238 Gary Chadderton	Horwich RMI	MV45	03:18:48
239 Mike Hind	Borrowdale Fell Runners	MV60	03:19:32
240 Jomathan Stubbs	Darwen Dashers	MV45	03:20:46
241 Jon Tatham	Macclesfield Harriers	MV40	03:21:12
242 Josh Render	Spenn Valley	M	03:21:22
243 Austin Frost	Dark Peak Fell Runners	M	03:21:40
244 Rachel Slattery	Keswick AC	FV40	03:21:42
245 David Gill	Denby Dale Travellers	MV50	03:22:46
246 Philip Barnes	Macclesfield Harriers	MV50	03:23:04
247 Melanie Blackhurst	Todmorden Harriers	FV45	03:23:10
248 Dave Culpan	Calder Valley Fell Runners	MV45	03:23:24
249 John Taylor	Bowland Fell Runners	MV60	03:23:35
250 Max Howard	Retford Ac	MV50	03:24:27
251 Martin Smillie		MV50	03:24:55
252 Outi Kamarainen	Ilkley Harriers	F	03:25:06
253 John Orrell	Blackburn Harriers AC	MV45	03:25:08

254	Samantha Ayers	Keswick AC	FV40	03:25:25
255	Phillip Paxman	York Acorn RC	MV60	03:25:33
256	Katherine Kirkham	Wharfedale Harriers	F	03:25:55
257	Martin Whitehead	Calder Valley Fell Runners	MV50	03:26:47
258	Pete Ellwood	Settle Harriers	MV40	03:27:23
259	Katy Thompson	Clayton Le Moors Harriers	FV55	03:27:40
260	Peter Dugdale	Clayton Le Moors Harriers	MV55	03:28:06
261	Mark Frain	Spensborough AC	M	03:28:14
262	Andy Thorpe	Calder Valley Fell Runners	MV45	03:28:14
263	Geoff Smith	Clayton Le Moors Harriers	M	03:28:22
264	Emma Dodd	Wharfedale Harriers	F	03:28:24
265	Peter Carter	Preston Harriers	MV45	03:28:59
266	Steve Hemingway	Spens Valley	MV50	03:29:10
267	Lou Lyness	Barrow & Furness Striders	FV60	03:30:51
268	Simon Wright	Bingley Harriers	MV45	03:32:06
269	Richard Howard	Denby Dale Travellers	MV45	03:32:23
270	Sue Narey	Wharfedale Harriers	FV40	03:32:48
271	David Walker	Macclesfield Harriers	MV55	03:32:53
272	Roderick Campbell	Staffordshire Moorlands AC	MV65	03:33:02
273	Emily Millington	Mercia Fell Runners	F	03:33:28
274	Peter Covey	Bingley Harriers	MV70	03:33:44
275	Jane Leonard	Todmorden Harriers	FV50	03:33:46
276	Steve Blackford	Denby Dale Travellers	MV55	03:34:53
277	Christine Blackford	Denby Dale Travellers	FV50	03:34:53
278	Jimmy Oldfield	Calder Valley Fell Runners	MV45	03:35:55
279	Becky James	Helm Hill Runners	F	03:37:03
280	Roger Whitaker	Cumberland Fell Runners	MV65	03:37:22
281	Chris Clark	Keswick AC	MV60	03:38:30
282	Sally Bisset	Wharfedale Harriers	FV40	03:38:49
283	Val Done	Wharfedale Harriers	FV45	03:38:56
284	Tim Done	Wharfedale Harriers	MV45	03:38:57
285	Joanne Worboys-Hodgson	Denby Dale Travellers	FV40	03:39:06
286	Emma David	Nidd Valley RR	F	03:39:18
287	Val Kerr	Ilkley Harriers	FV50	03:39:34
288	Martin Kaye		MV40	03:39:47
289	Charles Barlow	Saddleworth H	M	03:40:36
290	Mark Westman	Bingley Harriers	MV50	03:40:59
291	Fred Smith	Saltwell Harriers	MV50	03:41:02
292	John Nunn	Calder Valley Fell Runners	MV50	03:41:05
293	Denise Tunstall	Durham Fell Runners	FV45	03:41:47
294	Tim Whitcombe	Idle AC	MV50	03:42:10
295	Peter Ehrhardt	Todmorden Harriers	MV65	03:43:39
296	Jonathan Tombs	Eden Runners	MV40	03:43:42
297	Manhar Patel	Calder Valley Fell Runners	MV45	03:44:05
298	Adrian Dixon		MV60	03:44:47
299	Justin Vogler		MV40	03:45:35
300	Peter Jagan	Bingley Harriers	MV60	03:46:14
301	Kim Clark	Keswick AC	FV50	03:46:17
302	Julie Laverock	Salford Harriers	FV40	03:46:26
303	Jo Taylor	Bowland Fell Runners	FV45	03:47:06
304	Carl Geesin	Spens Valley	M	03:47:46

305 Raymond Brown	Penistone Footpath Runners	MV70	03:48:09
306 Gail Tombs	Calder Valley Fell Runners	FV55	03:49:21
307 Linda Hayles	Calder Valley Fell Runners	FV55	03:49:56
308 Brian MacFadyen	Macclesfield Harriers	MV55	03:52:48
309 Fran Walker	Horwich RMI	FV40	03:53:20
310 Wayne Collins		M	03:53:21
311 Roger Ashby	Pennine Fell Runners	MV65	03:54:16
312 Richard Taylor	Blackburn Harriers AC	MV45	03:54:48
313 Stephen Batley	Skyrac AC	MV60	03:56:51
314 Jim Tinnion	Mercia Fell Runners	MV40	03:57:32
315 Wayne Percival	Ambleside AC	MV50	04:00:24
316 Angela Donlan	Wharfedale Harriers	F	04:01:02
317 Claire Wrightman	Saddleworth RC	F	04:01:06
318 Jan Forrester	Matlock AC	FV55	04:01:18
319 Lynda Howard	Retford Ac	FV50	04:01:21
320 Paul Richardson	York Acorn RC	MV45	04:02:42
321 Elizabeth Hindle	Dallam RC	FV55	04:03:49
322 Jo Bowen	Pennine Fell Runners	F	04:04:25
323 Mark David	Nidd Valley RR	MV45	04:05:56
324 Raymond Migocz		MV60	04:07:13
325 Gary Boyd		MV45	04:10:09
326 Stan Stanning	Borrowdale Fell Runners	MV45	04:11:18
327 Christopher Jamieson	Esk Valley Fell Club	MV50	04:13:05
328 Michael Swale	Skyrac AC	MV60	04:17:49
329 Ruth Carr	Saddleworth RC	F	04:23:51
330 Peter Murphy	Darwen Dashers	MV50	04:58:54
331 Sarah Roberts	Darwen Dashers	FV40	04:59:02
332 Chris Cash	Darwen Dashers	MV50	04:59:11
333 Rebecca Simms	Darwen Dashers	FV40	04:59:29
334 Carly Edwards	Darwen Dashers	F	05:02:36