

Thursday Evening Sessions

4th April – Deffer Woods Hills x 8 (final hill of deffer dash)

11th April – Broadstone Reservoir 5 x Circuit – Meet at Pie Hall 19:00 for lifts or 19:15 at Broadstone Res.

18 April – Deffer Wood 5 x upper circuit

25th April – Sunny Bank 8 x 1 lap

2nd May – Sunny Bank 4 x 2 laps

9th May – Deffer Woods Hills x 8 (final hill of deffer dash)

16th May - Broadstone Reservoir 5 x Circuit – Meet at Pie Hall 19:00 for lifts or 19:15 at Broadstone Res.

23rd – May – Tom's birthday special–BOOT CAMP !

30th May – 10 x 2 min Skelmanthorpe playing fields

6th June – Hills – (off Barnsley road)

13th June – Sunny Bank 8 x 1 lap

20th June – Sunny Bank 4 x 2 laps

27th June - Broadstone Reservoir 5 x Circuit – Meet at Pie Hall 19:00 for lifts or 19:15 at Broadstone Res.