

Race 3 - Saturday 21 November, Thornes Park, Wakefield
Senior Ladies

Pos	Time	Name	Team	Cat	No
1	0:18:40	ADAMS, Lizzie	York Knavesmire H.	SW	522
2	0:18:51	BRISCOE, Julie	Wakefield	SW	466
3	0:18:56	JARVIS, Sarah	Bingley Harriers	W35	22
4	0:19:01	LAMBSON, Rebecca	Skipton	JW	347
5	0:19:28	GARNHAM, Helen	City of York	SW	57
6	0:19:33	WALSHAW, Katie	Holmfirth	SW	538
7	0:19:51	PETERSON, Sarah	Leeds City	SW	272
8	0:20:09	GLOVER, Helen	Keighley & Craven	SW	224
9	0:20:13	SEYMOUR, Joanna	Holmfirth	W35	156
10	0:20:16	MARSH, Donna	Scunthorpe	SW	334
11	0:20:20	GREEN, Amy	Keighley & Craven	SW	232
12	0:20:29	LEAVER, Claire	Holmfirth	SW	152
13	0:20:36	INGLIS, Emma	Skyrac	SW	388
14	0:20:43	FARQUHAR, Kath	Holmfirth	W40	537
15	0:20:47	ROBINSON, Rachel	Scunthorpe	JW	333
16	0:20:47	DYSON, Rachael	Leeds City	SW	266
17	0:20:48	DYBECK, Sally	Ilkley	JW	202
18	0:20:49	RAW, Alison	Bingley Harriers	W45	13
19	0:20:51	GRAHAM, Sarah	Leeds University	SW	554
20	0:20:53	SVANE, Katrine	Leeds University	SW	558
21	0:20:55	TROWBRIDGE, Jessica	Pudsey & Bramley	SW	579
22	0:21:04	SPROT, Kathy	City of York	SW	587
23	0:21:12	LAWRENCE, Abbey	York Knavesmire H.	SW	516
24	0:21:19	WILCOX, Ruth	Leeds City	SW	279
25	0:21:21	WHITLEY, Sarah	Leeds City	SW	274
26	0:21:23	BULLOCK, Ann-Marie	Skipton	W40	350
27	0:21:24	SPENCER, Lizzie	Skyrac	SW	382
28	0:21:28	WOFFENDEN, Tizz	Keighley & Craven	W40	229
29	0:21:41	LEGGETT, Lesley	Denby Dale	W50	65
30	0:21:42	VARLEY, Alison	Leeds City	W40	268
31	0:21:44	WOOD, Karen	City of York	W40	60
32	0:21:47	MORLEY, Clare	Scunthorpe	SW	336
33	0:21:50	GRIFFITHS, Lucy	Holmfirth	SW	150
34	0:21:51	TOMES, Liz	Keighley & Craven	W50	228
35	0:21:54	PAYNE, Jocelyn	Leeds University	JW	555
36	0:21:55	PEACOCK, Sarah	Spensborough	JW	412
37	0:22:05	HAGGAR, Diane	Ilkley	W45	175
38	0:22:09	BENNETT, Alison	Ilkley	W45	172
39	0:22:12	GREEN, Claire	Spensborough	SW	416
40	0:22:16	MELLOR, Rachael	Holmfirth	W45	162
41	0:22:38	NANCOLAS, Hayley	Valley Striders	SW	423
42	0:22:42	EWART, Lesley	Holmfirth	W55	158
43	0:22:51	MALIR, Sally	Ilkley	W45	173
44	0:22:58	LIDSTER, Demi	Kingston upon Hull	JW	248
45	0:23:00	SHOTTER, Jean	Holmfirth	W45	165
46	0:23:05	ELLERTON, Joanne	City of York	W40	62
47	0:23:08	HARRISON, Rebecca	Skyrac	JW	379
48	0:23:12	PENFOLD, Cara	Holmfirth	SW	153
49	0:23:13	HUTCHINSON, Sarah	Halifax Harriers	SW	96

50	0:23:22	YATES, Jan	Denby Dale	W45	63
51	0:23:26	CRABTREE, Linda	Halifax Harriers	W50	99
52	0:23:27	ROSS, Amy	York Knavesmire H.	SW	520
53	0:23:28	CROSSLAND, Liz	Keighley & Craven	W35	225
54	0:23:36	RABY, Fiona	Keighley & Craven	SW	226
55	0:23:44	O'SULLIVAN, Sarah	Horsforth Harriers	SW	168
56	0:23:47	ARTHUR, Yvette	Holmfirth	W45	159
57	0:23:48	SUNDERLAND, Sue	Valley Striders	W45	420
58	0:23:49	PETTIT, Helen	Holmfirth	W45	164
59	0:23:53	PICKERSGILL, Claire	Longwood	SW	291
60	0:23:56	WATSON, Madeleine	Valley Striders	W45	432
61	0:24:05	WORBOYS-HODGSON, Vicky	Denby Dale	W35	66
62	0:24:10	CRAIG, Holly	Bingley Harriers	JW	18
63	0:24:14	CHARLESWORTH, Zoe	Holmfirth	SW	148
64	0:24:22	WADSWORTH, Victoria	Keighley & Craven	SW	233
65	0:24:29	MORLEY, Jane	Wold Vets RC	W55	512
66	0:24:40	CHOW, Tammy	Wakefield	SW	459
67	0:24:51	HALL, Debbie	Holmfirth	SW	151
68	0:25:08	MORLEY, Sue	Ilkley	W50	170
69	0:25:18	SROKA, Anka	Keighley & Craven	W40	227
70	0:25:25	WATERHOUSE, Maris	Skyrac	W40	390
71	0:25:34	MARSHALL, Tracey	Bingley Harriers	W40	23
72	0:25:43	DALE, Ann	Wetherby R	W35	489
73	0:25:59	BELL, Caroline	Ilkley	SW	585
74	0:26:00	ARMISTEAD, Carol	Otley A.C.	W50	301
75	0:26:19	PEAK, Zoe	York Knavesmire H.	SW	515
76	0:26:24	MALLORIE-LEWIS, Alison	Wetherby R	W35	490
77	0:26:42	NAREY, Sue	Wharfedale Harriers	W40	502
78	0:27:14	CARTER, Jackie	Spensborough	W45	418
79	0:28:08	RAMSDEN, Denise	Rothwell Harriers	W40	323
80	0:28:29	DYER, Sara	Valley Striders	W50	428
81	0:28:38	MORRIS, Bronwyn	Denby Dale	W50	64
82	0:28:57	MOORES, Kathy	Wetherby R	W55	541
83	0:29:09	HARDING, Caroline	Pudsey & Bramley	W35	310
84	0:31:28	EDEN, Lyn	Ilkley	W60	171
85	0:33:26	PEARSON, Amanda	Spensborough	W40	417

Race 3 - Saturday 21 November, Thornes Park, Wakefield
Senior Men

Pos	Time	Name	Team	Cat	No
1	0:29:14	PEARSON, Andrew	Longwood	M35	430
2	0:29:16	BROWNLEE, Jonathan	Bingley Harriers	JM	32
3	0:30:24	BUCKINGHAM, Mark	Holmfirth	SM	267
4	0:31:23	HILTON, Martin	Leeds City	SM	381
5	0:31:35	OSBOURNE, Adam	Leeds City	SM	769
6	0:31:39	BEAN, Tom	City of York	SM	99
7	0:31:42	HOMER, Ben	Wakefield	JM	660
8	0:31:44	PRICE, Chris	Wakefield	SM	663
9	0:32:10	HOOKER, Nick	Leeds City	SM	385
10	0:32:12	PEACE, Andrew	Bingley Harriers	M40	48
11	0:32:24	HULL, Greg	Leeds City	M40	393
12	0:32:33	BROWN, Andy	Bingley Harriers	M35	30
13	0:32:36	HARRIS, Richard	Bingley Harriers	M35	39
14	0:32:41	LYNN, Iain	City of York	JM	93
15	0:32:44	BROADBENT, Stephen	Bingley Harriers	M35	28
16	0:32:57	BELLEW, Alex	Leeds University	JM	776
17	0:32:59	CROWTHER, Ben	Halifax Harriers	SM	152
18	0:32:59	NIXON, Ian	Pudsey & Bramley	SM	465
19	0:33:00	GREEN, Steve	Bingley Harriers	M35	38
20	0:33:01	BUCKNALL, Sam	Wakefield	JM	658
21	0:33:06	SMITH, Kieran	City of York	JM	92
22	0:33:10	MIDGELEY, Tim	Bingley Harriers	SM	44
23	0:33:14	ARISTOTELOUS, Panos	Valley Striders	SM	596
24	0:33:15	MILLER, Chris	Harrogate	SM	210
25	0:33:18	CONEY, Tom	Wakefield	JM	659
26	0:33:25	JOHNSON, Aidan	Bingley Harriers	SM	41
27	0:33:42	JONES, Adrian	Keighley & Craven	M40	322
28	0:33:49	OGDEN, Kevin	Spensborough	M35	577
29	0:33:57	BIRTWISTLE, Duncan	Harrogate	JM	173
30	0:34:03	BAILEY, Steve	Bingley Harriers	M35	25
31	0:34:04	BEDELL, Nigel	Keighley & Craven	M40	323
32	0:34:05	THOMAS, Adrian	Keighley & Craven	M35	326
33	0:34:08	HEAWORD, Tom	Leeds University	JM	783
34	0:34:09	EDWARDS, Tom	York Knavesmire H.	SM	720
35	0:34:14	HOLAH, Jon	Pudsey & Bramley	M45	467
36	0:34:34	SHAW, Dave	Keighley & Craven	M40	328
37	0:34:35	O'NEILL, Steve	Leeds City	SM	383
38	0:34:45	DAVIS, Danny	Leeds City	JM	402
39	0:35:00	WEBB, Steve	Valley Striders	M45	609
40	0:35:01	STEVENSON, Brian	Pudsey & Bramley	M45	470
41	0:35:04	BURTLE, David	Leeds University	SM	779
42	0:35:06	McCLELLAND, Ross	Denby Dale	SM	124
43	0:35:08	HENDLEY, Darren	York Knavesmire H.	M35	721
44	0:35:09	WORTON, Dale	Leeds City	JM	391
45	0:35:16	SENIOR, James	Bingley Harriers	SM	54
46	0:35:17	FRANKLIN, James	Abbey Runners	SM	8
47	0:35:19	BOURKE, Niall	Pudsey & Bramley	SM	462
48	0:35:21	GREEN, Martin	Wakefield	M45	646
49	0:35:26	WESTHEAD, David	Ilkley	M40	292

50	0:35:33	SHAW, Rob	Keighley & Craven	JM	324
51	0:35:39	DOWSON, Mark	City of York	SM	97
52	0:35:43	DYSON, Ben	Leeds City	SM	398
53	0:35:43	DIVALL, Greg	Leeds University	JM	811
54	0:35:53	CROMPTON, Gary	Scunthorpe	SM	497
55	0:35:57	NORMANDALE, Andy	City of York	M50	110
56	0:35:58	PENN, Neil	Wakefield	SM	645
57	0:36:03	FARRAN, Martin	Leeds City	M45	410
58	0:36:10	TEASEY, Marc	Bingley Harriers	M40	57
59	0:36:13	HAWKING, Giles	York Knavesmire H.	M35	727
60	0:36:14	KENNEDY, Donald	Longwood	M45	431
61	0:36:15	BAYTON, Steven	Halifax Harriers	JM	150
62	0:36:17	GRIMES, Paul	Halifax Harriers	M55	168
63	0:36:22	GOBLE, Paul	City of York	M40	101
64	0:36:24	GRAHAM, Gary	Holmfirth	M40	252
65	0:36:27	SEED, Mark	Rothwell Harriers	M40	486
66	0:36:28	WARD, Chris	Wakefield	SM	643
67	0:36:29	LANGAN, Kevin	York Knavesmire H.	M45	732
68	0:36:32	JOHNSON, Jonathon	Harrogate	JM	172
69	0:36:41	SYKES, Jonathan	Holmfirth	M45	258
70	0:36:44	DOVE, Chris	Skyrac	JM	557
71	0:36:48	BEWELL, Richard	Wetherby R	M45	675
72	0:36:50	NANCOLAS, Alex	Valley Striders	SM	586
73	0:36:53	LEGGETT, Mark	Denby Dale	M45	126
74	0:36:56	MACNAMARA, Peter	Wakefield	M50	651
75	0:37:05	RIMMER, Steve	Holmfirth	M45	257
76	0:37:07	PICKERING, Malcolm	Ilkley	M55	298
77	0:37:10	NESOM, Andrew	City of York	M45	105
78	0:37:20	PYRAH, Peter	Bingley Harriers	M55	47
79	0:37:21	RUTTEN, George	Rothwell Harriers	M45	485
80	0:37:34	FRYER, Michael	Halifax Harriers	M45	158
81	0:37:40	WINDLE, Paul	Wetherby R	M40	680
82	0:37:45	WATSON, Jerry	Valley Striders	M45	606
83	0:37:49	HEPWORTH, Gareth	Wakefield	SM	765
84	0:37:54	STUCKBURN, Paul	Harrogate	M50	213
85	0:37:57	NESBITT, Steve	Harrogate	M40	215
86	0:38:01	ILEY, Mark	Ilkley	M45	295
87	0:38:04	BELL, Gerry	Bingley Harriers	M55	27
88	0:38:10	WESTWOOD, Luke	York Knavesmire H.	SM	730
89	0:38:12	PARKINSON, Russell	York Knavesmire H.	M45	733
90	0:38:17	DYKES, Matthew	Keighley & Craven	SM	340
91	0:38:22	GIDDINGS, Joel	Valley Striders	M35	593
92	0:38:29	BEADLE, Chris	Holmfirth	M35	264
93	0:38:31	HORBURY, Martin	Leeds City	M45	395
94	0:38:34	WILDE, Damian	Holmfirth	SM	276
95	0:38:37	WILSON, James	Wakefield	M40	763
96	0:38:40	RENDER, Paul	Harrogate	M50	219
97	0:38:47	SMITH, Chris	York Knavesmire H.	SM	713
98	0:38:48	BYRAM, Wayne	Holmfirth	M35	265
99	0:38:50	HORNER, Darren	Keighley & Craven	SM	336
100	0:38:52	STOTT, Kevin	Rothwell Harriers	M45	488
101	0:39:00	LEFF, Ian	Wetherby R	M45	679
102	0:39:07	SKIPPING, Gerard	Spennorth	M35	581

103	0:39:16	TATT, Lewis	Wakefield	SM	624
104	0:39:31	SANDERS, Max	Leeds University	SM	780
105	0:39:38	PATCHETT, Gareth	Spensborough	M45	578
106	0:39:44	WOODS, Steve	Pudsey & Bramley	M50	468
107	0:39:44	WHITE, Tony	Wakefield	M40	654
108	0:39:47	TAYLOR, Drew	Valley Striders	M45	818
109	0:39:52	MEDLEY, Leighton	Longwood	M35	797
110	0:39:59	WILKINSON, Steve	Wakefield	M50	764
111	0:40:04	WILLIAMS, David	Holmfirth	M50	254
112	0:40:06	PAILING, Keith	Rothwell Harriers	M55	480
113	0:40:09	PRITCHARD, Robert	Skyrac	M50	551
114	0:40:21	CUNLIFFE, Rory	Bradford & Airedale	M45	60
115	0:40:25	CARTER, Steve	Keighley & Craven	M55	335
116	0:40:40	BEECROFT, Dave	Rothwell Harriers	M45	483
117	0:40:44	BLANE, Jon	Harrogate	M45	208
118	0:40:54	JONES, Danny	Leeds City	SM	396
119	0:40:54	VAIS, Andrei	Holmfirth	SM	275
120	0:41:08	WILLIAMS-CREW, Robbie	Leeds University	SM	782
121	0:41:13	PEARSON, Hugh	Otley A.C.	M45	448
122	0:41:14	GIBBS, Fred	Bingley Harriers	M70+	789
123	0:41:20	GAUGHAN, Mark	Halifax Harriers	M40	155
124	0:41:23	RICHARDSON, Chris	York Knavesmire H.	M40	725
125	0:41:29	COLLINSON, Mick	Denby Dale	M50	125
126	0:41:33	DAWSON, Dave	Wakefield	M40	656
127	0:41:50	MIDGLEY, Keith	Halifax Harriers	M55	159
128	0:41:54	HUNTER, Mark	Valley Striders	M45	607
129	0:42:03	MACE, John	Leeds City	M55	408
130	0:42:20	HOLROYD, Brandon	Holmfirth	M35	266
131	0:43:07	TOWNEND, Dene	Halifax Harriers	M50	164
132	0:43:13	BREW, Patrick	Harrogate	M50	201
133	0:43:18	BITHELL, Ian	York Knavesmire H.	M65	726
134	0:43:21	COLES, Malcolm	Valley Striders	M65	620
135	0:43:31	AUDSLEY, Tony	Wakefield	M55	655
136	0:43:37	KERRY, Andy	Holmfirth	M40	250
137	0:43:51	REDSHAW, Simon	Valley Striders	M35	598
138	0:43:56	SHIELDS, Peter	Ilkley	M60	301
139	0:44:04	SEYMOUR, Mark	Harrogate	M45	204
140	0:44:06	ROBINSON, Phil	Otley A.C.	M65	452
141	0:44:07	LYNN, Alan	City of York	M50	100
142	0:44:21	HOWARD, Richard	Denby Dale	M45	122
143	0:44:48	HARRIS, Andrew	Nidd Valley	M35	435
144	0:44:52	HANNAH, Tom	Otley A.C.	M55	447
145	0:45:02	JACKSON, Bob	Valley Striders	M55	614
146	0:45:06	BYE, Alan	Skyrac	M65	556
147	0:45:15	CARDANI, David	Nidd Valley	M40	433
148	0:45:26	DADE, John	Otley A.C.	M45	441
149	0:45:42	HALL, Damian	Denby Dale	M35	120
150	0:45:56	HAYGARTH, Tony	Valley Striders	M60	617
151	0:47:27	MORLEY, Eric	Ilkley	M55	299
152	0:47:34	COULDWELL, Alan	Harrogate	M50	207
153	0:47:36	YATES, Peter	Rothwell Harriers	M60	489
154	0:47:43	GLASS, Frank	Skyrac	M40	547
155	0:48:02	REILLY, Heath	Halifax Harriers	M40	154

156	0:48:17	WILCOCK, Ian	City of York	M50	103
157	0:48:31	TOWSE, Colin	Nidd Valley	M45	436
158	0:48:44	PICKERSGILL, Brian	Longwood	M60	427
159	0:48:51	HARDCASTLE, Richard	Longwood	M60	425
160	0:49:04	CLOUGH, Richard	Valley Striders	M40	745
161	0:49:48	GOTT, Richard	York Knavesmire H.	M55	731
162	0:51:08	WEBSTER, Geoff	Valley Striders	M65	619
163	0:51:21	WILKES, Rob	Valley Striders	M65	618
164	0:51:31	COCK, Tim	Holmfirth	M65	256
165	0:52:44	ANDERSON, Steve	Wakefield	M70+	766
166	1:04:27	ANDREWS, Peter	Denby Dale	M60	115